

# Pretravel consultation





## Pretravel consultation - Objectives



All travellers should visit a travel health clinic before their trip in order to receive consultation about vaccination and potential health risks.

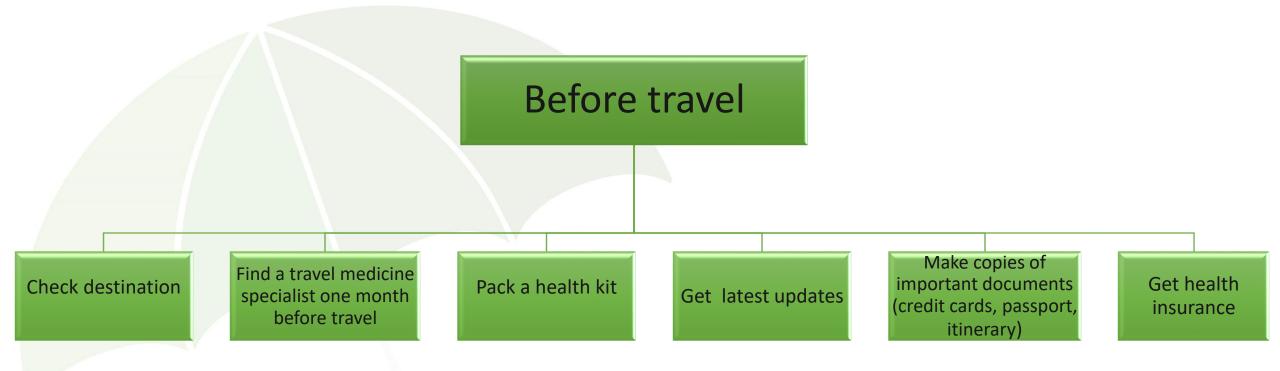
#### The pretravel objectives are:

- ✓ to provide personalise information about health risks
- ✓ to give information about immunisation
- ✓ to educate about health behavior at the destination



# Before travelling internationally









### Pretravel consultation



#### Topics to discuss

- ✓ immunisation (routine vaccines, travel vaccines including malaria prophylaxis)
- ✓ vector born diseases
- √ food born diseases
- √ traveller's diarrhea

- ✓ travel style (alone, group)
- ✓ activities (water, altitude , extreme sports)
- ✓ environmental risks (contact with animals, transportation, exposure to sun or cold)
- ✓ sexual transmitted diseases
- ✓ special conditions (underline diseases, pregnancy, medication, allergies)





# You can find more about pretravel consultation at:



- <a href="https://wwwnc.cdc.gov/travel/yellowbook/2020/preparing-international-travelers/the-pretravel-consultation">https://wwwnc.cdc.gov/travel/yellowbook/2020/preparing-international-travelers/the-pretravel-consultation</a>
- https://www.cdc.gov/thinktravel/pdf/Think-Travel-Pre-Travel-Guide-508.pdf
- https://www.who.int/ith/precautions/medical consultation/en/







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